

# *Loving Touch Infant Massage Classes*



## BENEFITS OF INFANT MASSAGE:

- Begins a loving communication between parents and child
- Helps to strengthen and regulate the baby's primary body systems
- Reduces gas and colic and allows the baby to sleep better
- Helps the baby and parents to relax
- Increases parents confidence and handling skills
- Provides a way to develop quality interaction time between baby and parents

## JOIN US FOR BOTH CLASSES OF INFANT MASSAGE ON:



Tuesday, June 28, 2016  
10:00 a.m. – 11:00 a.m.  
and  
Wednesday, June 29, 2016  
10:00 a.m. – 11:00 a.m.

**WEST ALLIS HEALTH DEPARTMENT  
7120 WEST NATIONAL AVENUE  
WEST ALLIS, WI 53214**

\* Fees will be collected at first class:

\$10.00 – West Allis-West Milwaukee residents  
\$20.00 – Non-residents

- \* Bring a blanket or mat for your baby to lie on—classes held sitting on floor. Dress baby in clothes that are easy to remove.
- \* One baby per each adult registered. (Babies ages 0 – 6 months)
- \* Limited class size – **Register early.**



ON-LINE REGISTRATION AT [www.westalliswi.gov/ltim](http://www.westalliswi.gov/ltim) OR CALL  
THE HEALTH DEPARTMENT AT 414-302-8600.